

Activities and Behaviours that Occur within Cult Groups

Anorexia (Restricting Type) - the lack or loss of appetite, resulting in the inability to eat. The condition is as a result from poorly prepared or unattractive food or surroundings, unfavourable company, coercion, or various psychologic causes.¹

Auditing - is an activity where an auditor (a person trained in the task of communication), listens and gives commands to an individual, who is referred to as a "preclear", or more often as a "pc". The auditing process focuses on certain times of an individual's life and claims to get rid of any past or current negative situations that may have hold on them. While auditing sessions are confidential, the notes taken by the auditor during auditing sessions are not.²

Black Market – the illegal trading of goods that are not allowed to be bought and sold.³

Body Dysmorphic Disorder – a disruption in the way one perceives one's body image. The cause of disturbance in body image may be a biophysical, cognitive, perceptual, psychosocial, cultural, or spiritual factor.⁴

Bombmaking – the manufacturing of bombs and/or detonation devices. Most instructions for bombmaking are obtained from the internet. The instructions provide "simple" examples of explosives which can be created from cheap, readily available ingredients.⁵

B.D.S.M – a sexual activity that combines facets of bondage and discipline (B.D), dominance and submission (D.S), and sadomasochism and masochism (S.M).⁶ A 'submissive' may be ordered to perform fellatio or cunnilingus or otherwise please their 'dominants'; may be tied and gagged, bound to a bed, or suspended from a ceiling; or may be sexually teased or enticed. Some power exchanges centre on pain or humiliation: The 'submissive' may be beaten, whipped, tortured, subjected to verbal abuse, or urinated on. This pain and humiliation may or may not involve sexual activities or contact with the genitalia, depending on the preferences of the parties. Domination sometimes also involves the punishment of the 'submissive' for errors in carrying out the dominant's orders or for failing to anticipate his or her needs and desires. Many domination scenes involve extensive props: equipment for binding limbs and genitals, suits designed for sensory deprivation, nipple and genital clamps, hot wax, electrical stimulation, whips, chains, handcuffs, leather, dog collars, cages, costumes, and the like. Some participants set aside a special room, referred to as a dungeon, for BDSM activities and equipment.⁷

Bondage – acts involving the physical restraint of a person. Bondage typically refers to total restraint, however it can be limited to a specific body part, such as breast bondage.⁸

¹ Glanze, W., Anderson, K., & Anderson, L., *Mosby's Medical, Nursing and Allied Health Dictionary*, 3rd Ed, (1990), Missouri, U.S.A, p 69.

² 'Auditing (Scientology)', *Wikipedia: The Free Encyclopedia*, (17 June 2019), <[https://en.wikipedia.org/wiki/Auditing_\(Scientology\)](https://en.wikipedia.org/wiki/Auditing_(Scientology))>.

³ 'Black market', *Cambridge Business English Dictionary*, (2019), <<https://dictionary.cambridge.org/dictionary/english/black-market>>.

⁴ 'Body Dysmorphic Disorder', *Cambridge Medical Dictionary*, (2019), <<https://dictionary.cambridge.org/dictionary/medical/body-dsymorphic-disorder>>.

⁵ 'Bombmaking', *Wikipedia: The Free Encyclopedia*, (17 June 2019), <https://en.wikipedia.org/wiki/Bomb-making_instructions_on_the_Internet>.

⁶ 'BDSM', *Segen's Medical Dictionary*, (2011), <<https://medical-dictionary.thefreedictionary.com/BDSM>>.

⁷ Thomson, G., 'Domination', *Encyclopedia of Sex and Gender: Culture Society History*, (2007), <<https://www.encyclopedia.com/social-sciences/encyclopedias-almanacs-transcripts-and-maps/domination>>.

⁸ 'Glossary of BDSM', *Wikipedia: The Free Encyclopedia*, (17 June 2019), <https://en.wikipedia.org/wiki/Glossary_of_BDSM>.

Cannibalism - is the act of eating of human flesh by humans. It is also called 'anthropophagy'.⁹

Cataphasia - is a disorder similar to glossolalia. It is a formal disorder in thinking and speaking that is marked as unsystematic schizophrenia. In this disorder the hallucinations and delusions occur in accidentally, and paralogical thinking, incoherency, paragrammatisms, agrammatisms and neologisms are dominant, it is all accompanied mainly by euphoric affect.¹⁰

Chanting - is a rhythmical repetition (either silently or aloud) of a song, prayer, word or sound. It is one of the most ancient spiritual practices and a part of most religions and spiritual paths. It is believed that chanting deepens the concentration and devotion, calms the mind and improves the awareness.¹¹

Child Pornography Production – is the visual representation of minors engaged in sexual activity or the visual representation of minors engaging in lewd or erotic behaviour designed to arouse the viewer's sexual interest. Child pornography may include actual or simulated sexual intercourse involving minors, deviant sexual acts, bestiality, masturbation, sadomasochistic abuse, or the exhibition of genitals in a sexually arousing fashion.¹²

Child Sex Trafficking - Child sex trafficking refers to the recruitment, harbouring, transportation, provision, obtaining, patronizing, or soliciting of a minor for the purpose of a commercial sex act.¹³ Child sexual slavery and trafficking are connected to other forms of slavery. Children may be forced into domestic servitude and, along the way, are sexually abused by their new family. At times, minors are forced into marrying to give the family financial stability or to pay off a debt.¹⁴

Child Slave Labour- is the enslavement of anyone under the age of 18 forced to engage in activities such as trafficking, debt bondage, serfdom, compulsory labour and being sold. The definition includes the use of children in armed conflict, prostitution and illegal activities such as drug trafficking.¹⁵

Childhood Developmental Delay – is a child's inability to develop skills at the same basic developmental rate as other children of the same age. These areas include motor skills, speech and language skills, academic skills, learning ability, social and emotional skills, self-help skills, and cognitive skills.¹⁶ Children who have experienced early neglect are vulnerable to cognitive, language and behavioural deficits.¹⁷ The learning environment influences learning in many ways but is particularly under-estimated in relation to its impact on the development of identity.¹⁸

⁹ 'Cannibalism', *Encyclopaedia Britannica Inc.*, (2019), <<https://www.britannica.com/topic/cannibalism-human-behaviour>>.

¹⁰ Koic, Filakovic, Nad, & Celic., 'Glossolalia', *Collegium Antropologicum*, 29(1):373-9, *Research Gate*, (July 2005), <https://www.researchgate.net/publication/7644117_Glossolalia>. p 374.

¹¹ 'Definition - what does 'chanting' mean?', *Yogapedia*, (2019), <<https://www.yogapedia.com/definition/7236/chanting>>.

¹² 'Child Pornography', *Legal Dictionary: The Free Dictionary*, (2019), <<https://legal-dictionary.thefreedictionary.com/Child+Pornography>>.

¹³ 'Child Sex Trafficking: Child Exploitation and Obscenity Section (CEOS)', *U.S. Department of Justice*, (25 July 2017), <<https://www.justice.gov/criminal-ceos/child-sex-trafficking>>.

¹⁴ 'Child Sex Trafficking', *End Slavery Now*, (2019), <www.endslaverynow.org/learn/slavery-today/child-labor>.

¹⁵ 'Child Labour', *End Slavery Now*, (2019), <www.endslaverynow.org/learn/slavery-today/child-labor>.

¹⁶ 'Child assessment & testing - Developmental Delay', *Comprehensive Psychology*, (2013), <comprehensivepsychology.com.au/child_assessment_testing_development_delay.html>.

¹⁷ Spratt, E. et al., 'The Effects of Early Neglect on Cognitive, Language, and Behavioural Functioning in Childhood', *U.S National Library of Medicine National Institutes of Health Search Database*, 3(2): 175-182, (1 February 2012), <<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3652241/>>.

¹⁸ 'Barrier: Quality', *Educate a Child website*, (2018), <<https://educateachild.org/explore/barriers-to-education/quality>>.

Circadian Rhythm Sleep Disorder – are neurological disorders in which the sleep-wake cycle is out of synchronicity with the day-night cycle.¹⁹

Cloning – is the process of producing similar populations of genetically identical individuals that occurs in nature when organisms such as bacteria, insects or plants reproduce asexually.²⁰

Coprophilia - is a type of sexual pleasure associated with faeces. Specifically, it is the condition where a person derives sexual gratification and sexual arousal from the smell, the taste, the sight, or the defecation of faeces. It is also known as Scatophilia or 'scat'. There are two categories: 1) Coprospheres (individuals who find pleasure in throwing their faeces); and 2) Coprophagia (individuals who consume of faeces). It is often associated with B.D.S.M (bondage, discipline/dominance, sadism, masochism) activities.²¹ Coprophilia is sometimes used in conjunction with Klismaphila.

Cult Apologist - is a term describe social scientists, religious scholars, and other persons who write about cults and new religious movements in a non-critical,²² sympathetic and/or supportive ilk. Cult groups foster the work of cult apologists as they support cult groups, promote religious pluralism, defend religious freedom, and attack apostates (whom cult apologists generally view as liars and whose testimony is unreliable).²³

Dark Web - the portion of the Internet that is intentionally hidden from search engines, uses masked IP addresses, and is accessible only with a special web browser: which is a part of the “Deep Web”.²⁴ The items found on the Dark Web concerns illegal content and/or industries (ie. child porn, Bitcoin laundering, mail-order narcotics, hackers for hire, ‘hit men’ for hire etc.)

Deep Web - the portion of the Internet that is hidden from conventional search engines, as by encryption; the aggregate of unindexed websites.²⁵

Delirium – a disturbance in the normal functioning of the brain. The delirious person has a reduced awareness of and responsiveness to the environment, which may be manifested as disorientation, incoherence, and memory disturbance. Delirium is often marked by hallucinations, delusions, and a dream-like state.²⁶ Other symptoms include reduced level of consciousness, sleep disturbance, and psychomotor change making it difficult for person to evaluate and apply critical thinking.²⁷ It can be caused by drug intoxication, drug ingestion, drug withdrawal, head trauma, body infection, diabetes complication, brain haemorrhage or infarction.

¹⁹ ‘What Are Circadian Rhythm Sleep Disorders?’, *Circadian Sleep Disorder Network*, (2019), <<https://www.circadiansleepdisorders.org/>>.

²⁰ ‘Cloning’, *Definitions Net: STANDS4 LLC*, (17 Jun 2019), <<https://www.definitions.net/definition/cloning>>.

²¹ ‘Coprophilia’, *Sex Info Online: University of California*, (2019), <www.soc.ucsb.edu/sexinfo/article/coprophilia>.

²² ‘Cult apologist’, *Liquisearch.com*, (2019), <https://www.liquisearch.com/cult_apologist>.

²³ Trott, J., ‘JPUSA: Jesus People USA’, *Apologetic Index*, (28 February 2014), <www.apologeticindex.org/j18.html>.

²⁴ ‘Dark web’, *Dictionary.com*, (2019), <<https://www.dictionary.com/browse/dark-web>>.

²⁵ ‘Deep web’, *Dictionary.com*, (2019), <<https://www.dictionary.com/e/dark-web>>.

²⁶ ‘Delirium’, *Medical Dictionary: The Free Dictionary*, (2019), <<https://medical-dictionary.thefreedictionary.com/delirium>>.

²⁷ ‘Delirium’, *Diagnostic and Statistical Manual of Mental Disorders DSM-IV, 4th Ed*, (1994), Washington DC, American Psychiatric Association, p 124.

Delusional Thinking – a persistent, unusual belief that has little or no basis in reality. It includes continuously holding on to strange thoughts/ideas even though it is illogical, unique and probably wrong.²⁸ Delusion types include: 'Delusion of Grandeur', 'Delusion of Persecution or Paranoia', 'Delusional Jealousy', 'Somatic Delusions', 'Bizarre Delusions', 'Delusions of Reference' (also known as 'Ideas of Reference').²⁹

Displacement – it is the transferring of behaviour or feelings from the original object/person onto another. Displacement usually occurs as an action of frustration and/or aggression³⁰ (ie. a person had a bad day at work, so they vent their frustrations onto their spouse and/or children, rather than direct their annoyance at the tyrannical boss).

Disrobing – it is the practice of instantly removing a Buddhist's monk/nun of their status within Buddhist's school/community for life. Buddhist are expected to follow the Vinaya (the body of monastic rules and traditions binding on every Buddhist monk and nun). The penalty of automatic disrobing are as follows: 1) engaging in sexual intercourse with another being of either sex; 2) stealing something of value (which includes smuggling, cheating or deliberately avoiding payment of a tax); 3) purposely killing a human being or encouraging him or her to commit suicide (this includes inciting another to murder somebody and it also includes convincing a woman to have an abortion; and 4) boasting that one has realised a high spiritual attainment, knowing that one is lying. Obviously these four rules were considered by the Buddha to be extreme violations of the spiritual ethic and a major obstacle in the path to enlightenment. Breaking the four rules is considered such gross behaviour on the part of a monk or nun and the penalty of Disrobing is permanent. A person cannot simply re-ordain after a period of grace.³¹

Dissociative Trance Disorder - a dissociative disorder where a person involuntarily alters their consciousness, identity, awareness or memory that results in distress and impairment. Also known as Possession Trance or Possession Disorder.³²

Domination - the mental, physical, and/or emotional manipulation by one person (the dominant or top) of another person (the submissive or bottom) to create sexual or erotic pleasure. Acts that are considered domination are ways that could be considered domination, such as bondage, role-playing, and rough sex.³³

Exhibitionism – a person's need to captivate the attention of others in a display of a body part, or parts, that would otherwise be left covered in nearly all other cultural circumstances. It is also known as 'Lady Godiva syndrome' or 'Apodysofilia'.³⁴

²⁸ Glanze, W., Anderson, K., & Anderson, L., *Mosby's Medical, Nursing and Allied Health Dictionary, 3rd Ed*, (1990), Missouri, U.S.A, p 348.

²⁹ Purse, M., 'Delusions Occurring in Bipolar Disorder', *Very Well Mind*, (2 January 2019), <<https://www.verywellmind.com/delusions-types-and-role-in-psychosis-379826>>.

³⁰ Pam, N., 'Displacement', *Psychology Dictionary*, (7 April 2013), <<https://psychologydictionary.org/displacement/>>.

³¹ Brahmavamso, A., 'Vinaya: The Four Disrobing Offences', *Buddhasasana*, (April-June 1996), <<https://www.budsas.org/ebud/ebud019.htm>>.

³² Pam, N., 'What is dissociative trance disorder?', *Psychology Dictionary*, (7 April 2013), <<https://psychologydictionary.org/dissociative-trance-disorder/>>.

³³ Thomson, G., 'Domination', *Encyclopedia of Sex and Gender: Culture Society History*, (2007), <<https://www.encyclopedia.com/social-sciences/encyclopedias-almanacs-transcripts-and-maps/domination>>.

³⁴ Berger, V., 'Exhibitionism', *Psychology Anywhere Anytime*, (2005), <https://www.psychologistanywhereanytime.com/sexual_problems_pyschologist/psychologist_exhibitionism.htm>.

Exorcisms – a procedure or ritual intended to terminate the presence or trespass of a non-material entity or spirit in a place (a “haunting”) or a person (a “possession”). Exorcisms are performed by command or persuasion, through rituals, special prayers or symbolism. It is largely practiced within certain Fundamental Christian groups and by the Roman Catholic Church using a priest with authorisation from the ordinary or other higher authority.³⁵

Feeding Disorder of Infancy or Early Childhood – is evidence of malnutrition which is not caused by a medical problem.³⁶

Fetishism – a fixation on an inanimate object or body part that is not primarily sexual in nature, and the compulsive need for its use in order to obtain sexual gratification. The object of a fetish is almost invariably used during masturbation and may also be incorporated into sexual activity with a partner in order to produce sexual excitation. There are two types of fetishism: 1) form fetishes (the focus is on the object and its shape - ie. high-heeled shoes) and; 2) media fetishes (the focus is on the material out of which the object is made – ie. silk or leather).³⁷

Flagellation - a term that is applied when one person whips another or submits to whipping. It can be a form of penance (religious ritual) or way to achieve sexual excitement³⁸ (B.D.S.M sessions). When a person whips their own body, it is known as self-flagellation.

Flirty Fishing – a recruitment method by which (mainly female) cult followers attempt to entice people (often males) into the cult by promising to perform sex acts and/or sexual intercourse only if they are willing to join.

Folie a Deux – is a shared psychotic disorder between two or more people. It is a psychopathologic condition characterised by identical manifestations of the same mental disorder (usually ideas).³⁹

Fraud – a false representation of a matter of fact: i) by words or conduct; ii) by false or misleading allegations; iii) by concealment of what should have been disclosed. It is a calculated action that deceives and is intended to deceive another so that the individual will act upon the dishonest action for personal advantage. Fraud is most common in business practises, buying or selling of property, including real estate, personal property, and intangible property (ie. stocks, bonds, and copyrights).⁴⁰

Frotteurism – is the act of rubbing one’s genitalia against another non-consenting person to achieve sexual gratification. The most common way frottage occurs is by rubbing one’s genitalia against the victim’s thighs or butt. A frotteur might also rub their hand over the victim’s genitalia or breasts.⁴¹

³⁵ ‘Exorcism’, *Segen’s Medical Dictionary*, (2011), <<https://medical-dictionary.thefreedictionary.com/exorcism>>.

³⁶ ‘Feeding and eating disorders of infancy or early childhood’, *Go Mentor*, (2019), <<https://www.gomentor.com/articles/feeding-and-eating-disorders-of-infancy-or-ea>>.

³⁷ ‘Fetishism: Sexuality’, *How Stuff Works: Health*, (2002), <<https://health.howstuffworks.com/sexual-health/sexuality/fetishism-dictionary.htm>>.

³⁸ Pam, N., ‘Flagellation’, *Psychology Dictionary*, (11 May 2013), <<https://psychologydictionary.org/flagellation/>>.

³⁹ Glanze, W., Anderson, K., & Anderson, L., *Mosby’s Medical, Nursing and Allied Health Dictionary*, 3rd Ed, (1990), Missouri, U.S.A, p 1076.

⁴⁰ ‘Fraud’, *Legal Dictionary: The Free Dictionary, sourced from West’s Encyclopedia of American Law*, 2nd Ed, (2008), <<https://legal-dictionary.thefreedictionary.com/Fraud>>.

⁴¹ ‘Frotteurism’, *All About Counselling*, (2019), <<https://www.allaboutcounseling.com/library/frotteurism/>>.

Ganser Syndrome - a dissociative state occurs from the unconscious effort to flee from an intolerable setting. It comprises of the giving of inappropriate, ridiculous, or approximate answers to questions, sometimes associated with amnesia, disorientation, perceptual disturbances, and conversion symptoms; it is most commonly seen in people confined to a prison-like setting feigning psychosis⁴² in the bid to be evicted from the place of torment.

Glossolalia – is defined as ‘fabricated and nonmeaningful speech, especially such speech associated with a trance state or certain schizophrenic syndromes’⁴³ which occurs in mental disorders and is considered a psychopathological symptom.⁴⁴ The language is profuse and often emotionally charged speech that mimics coherent speech but is usually unintelligible to the listener.⁴⁵ It can occur as the consequence of neurological disorders like: epileptic breakout of the temporal lobe, Wernicke’s aphasia, various toxic conditions.⁴⁶

Grandiosity - the term for a person’s exaggerated sense of their own greatness, ability and importance. It can be a ‘Delusion of Grandeur’ in its extreme form.⁴⁷

Grooming – is the practice of establishing a relationship, trust and emotional connection with a child or young person so they can manipulate, exploit and abuse them.⁴⁸ Grooming works by mixing positive behaviours (rewards) with elements of abuse.⁴⁹ Children and youth can be groomed online or in the real world either by a stranger or a familiar person.

Home-Schooling - the teaching of children at home, usually by parents.⁵⁰

Human Trafficking – the United Nations defines human trafficking as: ‘The recruitment, transportation, transfer, harbouring, or receipt of persons, by means of the threat or use of force or other forms of coercion, of abduction, of fraud or deception, of the abuse of power or of position of vulnerability or of the giving or receiving of payments or benefits to achieve the consent of a person having control over another person, for the purpose of exploitation. Exploitation includes, at a minimum, the exploitation or the prostitution of others or other forms of sexual exploitation, forced labour or services, slavery, servitude or the removal of organs.’⁵¹ Traffickers might use violence, manipulation, or false promises of well-paying jobs, or romantic relationships to lure victims into trafficking situations.⁵²

⁴² ‘Ganser syndrome’, *Miller-Keane Encyclopedia and Dictionary of Medicine, Nursing, and Allied Health, 7th Ed.*, (2003), <<https://medical-dictionary.thefreedictionary.com/Ganser+syndrome>>.

⁴³ ‘Glossolalia’, *The Free Dictionary: Medical Section*, (2019), <<https://medical-dictionary.thefreedictionary.com/glossolalia>>.

⁴⁴ Koic, Filakovic, Nad, & Celic., ‘Glossolalia’, *Collegium Antropologicum*, 29(1):373-9, *Research Gate*, (July 2005), <https://www.researchgate.net/publication/7644117_Glossolalia>. p 373.

⁴⁵ ‘Glossolalia’, *Merriam-Webster Dictionary: Medical*, (2019), <<https://www.merriam-webster.com/dictionary/glossolalia>>.

⁴⁶ Koic, Filakovic, Nad, & Celic., ‘Glossolalia’, *Collegium Antropologicum*, 29(1):373-9, *Research Gate*, (July 2005), <https://www.researchgate.net/publication/7644117_Glossolalia>. p 374.

⁴⁷ Pam, N., ‘Grandiosity’, *Psychology Dictionary*, (11 May 2013), <<https://psychologydictionary.org/grandiosity/>>.

⁴⁸ ‘Types of abuse: grooming’, *National Society for the Prevention of Cruelty to Children*, (2019), <<https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/grooming/#what-is>>.

⁴⁹ Samsel, M., ‘Grooming’, *Warning Signs: Abuse and Relationships*, (2018), <<https://www.abuseandrelationships.org/Content/Behaviors/grooming.html>>.

⁵⁰ ‘Home-schooling’, *Cambridge Advanced Learner’s Dictionary & Thesaurus*, (2019), <<https://dictionary.cambridge.org/dictionary/english/homeschooling>>.

⁵¹ ‘What is Human Trafficking?’, *Understanding Human Trafficking in Alaska*, (2019), <<https://humantraffickinginak.weebly.com/defining-human-trafficking.html>>.

⁵² ‘What Is Human Trafficking? - Blue Campaign’, *Department of Homeland Security U.S.A.*, (2019), <<https://www.dhs.gov/blue-campaign/what-human-trafficking>>.

Hypoxyphilia – a paraphilic condition in which sexuo-erotic arousal and orgasm are dependent on or facilitated by the lack of oxygen produced by self-strangulation or from being strangled or asphyxiated by a sexual partner, up to, but not including, the loss of consciousness. Also known as: asphyxiophilia or asphyxiaphilia.⁵³

Ideas of Reference - are false beliefs that random or irrelevant occurrences in the world directly relates to a person. It is when someone believes their thoughts, actions, or presence have caused something to occur. (ie. A person thinks their favourite television show is broadcasting secrets about their life with subliminal messages. S/he records and re-watches the program several times trying to pinpoint when the secrets are being revealed.) These irrational thoughts are considered 'ideas of reference'.⁵⁴

Incest - the act of sexual penetration of another person who is regarded as a member of your family. Family relationship is not limited to lineal descendants (blood relations), stepchildren and adopted children are also considered family. Under incest law, consent is not considered as a criminal defence.⁵⁵

Infibulation – is the surgical removal of the external female genitalia and the suturing of the vulva.⁵⁶ It also refers to closing the foreskin over the head of the penis with a clasp or a pin using a body-piercing.⁵⁷ Temporary piercings done with sterile needles of varying gauges, usually only for the duration of a scene. Suturing is sometimes used. In the Victorian era (U.K and U.S.A), routine infibulation was second only to circumcision in the "war on masturbation" and was used in orphanages and mental institutions, supported by leading physicians.⁵⁸ Today, infibulation is usually practised: 1) in north-eastern Africa, particularly Africa, Asia and the Middle East as a 'cultural rite-of-passage' and as a means to control women's sexuality, and their ideas about purity, modesty and beauty;⁵⁹ and 2) a part of B.D.S.M sexual activities.

Initiation - the act or process of formally admitting or recognising a person into membership or office.⁶⁰

Klismaphilia - being sexually aroused and/or having sexual intercourse with the use of enemas.⁶¹

⁵³ 'Hypoxyphilia: Definition', *Definition Of – Community Dictionary*, (2019), <<https://www.definition-of.com/hypoxyphilia>>.

⁵⁴ Fader, S., 'Ideas of references', *Better Help*, (17 December 2018), <<https://www.betterhelp.com/advice/personality-disorders/ideas-of-reference-definition-and-examples/>>.

⁵⁵ 'Incest', *Doogue + George Criminal Lawyers website*, (2019), <<https://www.criminal-lawyers.com.au/offences/incest>>.

⁵⁶ 'Infibulation', *Wikipedia: The Free Encyclopedia*, (18 May 2019), <<https://en.wikipedia.org/wiki/Infibulation>>.

⁵⁷ 'Genital modification and mutilation', *Wikipedia; The Free Encyclopedia*, (28 April 2019), <https://en.wikipedia.org/wiki/Genital_modification_and_mutilation>.

⁵⁸ Ibid.

⁵⁹ 'Female genital mutilation', *Wikipedia: The Free Encyclopedia*, (18 June 2019), <https://en.wikipedia.org/wiki/Female_genital_mutilation>.

⁶⁰ 'Initiation', *The Free Dictionary sourced from The American Heritage Roget's Thesaurus*, (2013, 2014), Houghton Mifflin Harcourt Publishing Company, <<https://www.thefreedictionary.com/initiation>>.

⁶¹ 'Paraphilia not otherwise specified', *Diagnostic and Statistical Manual of Mental Disorders DSM-IV, 4th Ed*, (1994), Washington DC, American Psychiatric Association, p 532.

Larceny – it is the unauthorized taking and removal of another person's Personal Property by an individual whose intention is to permanently deprive the owner of their possessions; a crime against the right of possession.⁶² The offense of "Larceny by Trick" involves a person who had swindled their victims but were able to argue that they had not committed larceny because the victims had willingly given them property.⁶³ Larceny generally refers to a nonviolent theft.

Love Bombing – a recruitment method by which a cult member bombards an unsuspecting person with compliments, acts of kindness, and/or gestures of hospitality. It is a manipulative attempt to influence a person by lavish demonstrations of attention and affection, making them feel welcomed, loved, a 'part of the family' and a sense of belonging. Love bombing is a coordinated effort, usually under the direction of leadership, and enacted by long-term cult followers.⁶⁴

Magical Thinking – the belief that one's ideas, thoughts, actions, words, or use of symbols can influence the course of events in the material world.⁶⁵ Magical thinking presumes a causal link between one's inner, personal experience and the external physical world.⁶⁶ Examples include beliefs that the movement of the sun, moon, and wind or the occurrence of rain can be influenced by one's thoughts or 'special powers'.⁶⁷

Martymachlia – being sexually aroused by having others watch the execution of a sexual act and/or sexual intercourse.⁶⁸

Maternal Deprivation Syndrome – a parental indifference towards a child. It accumulates in the form of emotional instability or insecurity of the mother; lack of or delayed development of the mother-child attachment process; unrealistic expectations or disappointment concerning the child's gender or appearance; and/or unfavourable environment or socioeconomic conditions with the family.⁶⁹

Meditation - is a practice of concentrated focus upon a sound, object, visualization, the breath, movement, or attention itself in order to increase awareness of the present moment, reduce stress, promote relaxation, and enhance personal and spiritual growth.⁷⁰

Necrophilia – being sexually aroused by being near and/or having sexual intercourse with corpses.⁷¹

⁶² 'Larceny', *Legal Dictionary: The Free Encyclopedia sourced from West's Encyclopedia of American Law, 2nd Ed*, (2008), The Gale Group, Inc., <<https://legal-dictionary.thefreedictionary.com/larceny>>.

⁶³ Ibid.

⁶⁴ 'Love bombing', *Wikipedia: The Free Encyclopedia*, (9 June 2019), <https://en.wikipedia.org/wiki/Love_bombing>.

⁶⁵ Vandenberg, B., 'Magical Thinking: Psychology', *Encyclopaedia Britannica Inc.*, (2019), <<https://www.britannica.com/science/magical-thinking>>.

⁶⁶ McGregor, S., 'Identifying irrational thoughts', *Psych Central*, (8 Oct 2018), <<https://psychcentral.com/lib/identifying-irrational-thoughts/>>.

⁶⁷ 'Magical Thinking', *Psychology Research and Reference*, (2019), <psychology.iresearchnet.com/developmental-psychology/cognitive-development/magical-thinking/>.

⁶⁸ Berger, V., 'Exhibitionism', *Psychology Anywhere Anytime*, (2005), <https://www.psychologistanywhereanytime.com/sexual_problems_psychologist/psychologist_exhibitionism.htm>.

⁶⁹ Glanze, W., Anderson, K., & Anderson, L., *Mosby's Medical, Nursing and Allied Health Dictionary, 3rd Ed*, (1990), Missouri, U.S.A, p 728.

⁷⁰ 'Meditation', *Medical Dictionary: The Free Dictionary sourced from Gale Encyclopedia of Medicine*, (2008), <<https://medical-dictionary.thefreedictionary.com/Meditation>>.

⁷¹ 'Paraphilia not otherwise specified', *Diagnostic and Statistical Manual of Mental Disorders DSM-IV, 4th Ed*, (1994), Washington DC, American Psychiatric Association, p 532.

Neglect of Child/Adult – is a passive form of abuse in which a responsible person assigned to provide care for a vulnerable/young person/animal, fails to give adequate care (ie. provide for the shelter, safety, supervision and nutritional needs of the person). Categories are physical, educational, or emotional neglect.⁷² Neglect can greatly impact a person's life and has many long-term side effects such as: physical injuries, low self-esteem, attention disorders, violent behaviour, and contribute to early death.⁷³

Nightmare Disorder – is repeated awakenings from the major sleep period or naps due to extremely frightening dreams, usually involving threats to survival, security, or self-esteem. The awakenings usually occur during the second half of the sleep period.⁷⁴ The woken person can provide a detailed description of the frightening dream, and is able to be reassured and comforted by a person.

Organ and Tissue Procurement – the act of killing people for their organs and/or, which are later sold and transplanted at enormous profit.⁷⁵

Orgy – wild or drunken festivity or revelry, which includes sex with multiple participants.⁷⁶

Paedophilia – it is a psychiatric disorder in which an adult has sexual fantasies about or engages in sexual acts with a prepubescent child. A sexual perversion in which children are the preferred sexual object.⁷⁷

Paranoid Ideation – is the cognitive processes consisting of continual suspicion and non-delusional beliefs of being persecuted, tormented, or treated in an unfair manner by other people.⁷⁸

Paraphilic Infantilism – is a sexual fetish that involves role-playing and/or a regression to an infant-like state. Behaviours may include drinking from a baby bottle and/or wearing diapers. Individuals may engage in gentle and nurturing experiences or be attracted to masochistic, coercive, punishing or humiliating experiences. The psychological reasoning for such behaviour may be due to a person's altered 'love-maps', imprinting gone wrong, and errors in erotic targets. This fetish is also known as Autoneophilia, Psychosexual Infantilism, and Adult Baby Syndrome.⁷⁹

Parent-Child Relational Problem – significant impairment in one or both members of the relational unit due to behaviours which have impacted the interaction between the members of the relationship.⁸⁰

⁷² Shiel, W., 'Medical definition of child neglect', *Medicine Net*, (2018), <https://www.medicinenet.com/child_abuse_facts/article.htm#where_can_people_find_more_information_about_child_abuse>.

⁷³ 'Neglect', *Psychology Wiki*, (2019), <<https://psychology.wikia.org/wiki/Neglect>>.

⁷⁴ Bressert, S., 'Nightmare Disorder Symptoms', *Psych Central*, (8 Sep 2018), <<https://psychcentral.com/disorders/nightmare-disorder-symptoms/>>.

⁷⁵ 'What is organ harvesting?', *Stop Organ Harvesting in China*, (2019), <www.stoporganharvesting.org/what-is-organ-harvesting/>.

⁷⁶ 'Orgy', *Dictionary.com*, (2019), <<https://www.dictionary.com/browse/orgy>>.

⁷⁷ 'Paedophilia', *Merriam-Webster Inc.*, (2019), <<https://www.merriam-webster.com/dictionary/pedophilia>>.

⁷⁸ Pam, N., 'Paranoid ideation', *Psychology Dictionary*, (7 April 2013), <<https://psychologydictionary.org/paranoid-ideation/>>.

⁷⁹ 'Paraphilic infantilism', *Wikipedia: The Free Encyclopedia*, (2 June 2019), <https://en.wikipedia.org/wiki/Paraphilic_infantilism>.

⁸⁰ 'Relations Problems', *Value Options: Providers Handbook*, (2006), <valueoptions.com/providers/Handbook/PDFs/Treatment_Guidelines/V_CODES_RELATIONAL_PROBLEMS.pdf>. p 1.

Physical Abuse – the New York State Office of Children and Family Services defines physical abuse as: "non-accidental use of force that results in bodily injury, pain, or impairment. This includes, but is not limited to, being slapped, burned, cut, bruised or improperly physically restrained."⁸¹

Polygamy – is the practice or custom of having two or more spouses at any time.⁸²

Pornography Production – pornography is defined as print or visual material containing the explicit description or display of sexual organs or activity, intended to stimulate sexual excitement. The development and widespread acceptance of online communication has created an easy means of distributing and consuming pornography. There is also evidence to suggest links between the pornography industry and the issue of human trafficking. The correlation between pornography consumption and paid sex behaviour feeds into the demand for commercial sex acts.⁸³ This in turn has made the pornographic industry of the most profitable businesses on the Internet. Apart from providing a vast marketplace for commercial pornography which caters to many diverse tastes, the Internet also encouraged amateurs to post sexually explicit images of themselves and/or others. The use of webcams opened the industry even further to amateurs, allowing individuals to post live depictions of themselves, often for fees. The Internet also increased the availability of child pornography.⁸⁴

Poor Quality Education – is a combination of factors that have a negative effect on children's learning. Factors such as leadership, vision and professional learning and development are lacking or ineffective in poor quality education and care services. Other examples include rigidly implemented routines, poorly resourced and/or inappropriate teaching practices.⁸⁵ Poor quality education and care learning environments includes inadequate hygiene and sanitation facilities, lack of health and nutrition services in the vicinity, poor security and safety protocols, condoning practices such as gender discrimination, bullying, corporal punishment, and forced work.

Prayer - it is a conscious, personal communication comprising of 'strong hopes and wishes'⁸⁶ directed to a God/Goddess/Allah/Higher Deity/Omnipotent Spiritual Force of the Universe. Prayer focuses on spiritual-emotional and eternal needs of a person and significant people or events that are present in their lives. Religious and spiritual people state that prayer is a conversation, and their God/Goddess/Allah/Higher Deity/Omnipotent Spiritual Force of the Universe is listening when they pray.⁸⁷ Prayer can be conducted alone, in groups (prayer circles), and/or in large gatherings (Church Mass).

⁸¹ 'What is physical abuse?', *Healthy Place website*, (2019), <<https://www.healthyplace.com/abuse/adult-physical-abuse/what-is-physical-abuse>>.

⁸² 'Polygamy', *The Free Dictionary sourced from American Heritage Dictionary of the English Language, 5th Ed*, (2016), <<https://www.thefreedictionary.com/polygamy>>.

⁸³ 'Pornography', *The Salvation Army: International Positional Statement*, (November 2014), <https://s3.amazonaws.com/cache.salvationarmy.org/f19dd8f3-3aef-4a12-85b9-7c2c3eb337a6_English+Pornography+IPS.pdf>. p 3-4.

⁸⁴ Jenkins, J., 'Pornography: Sociology', *Encyclopaedia Britannica*, (9 May 2019), <<https://www.britannica.com/topic/pornography>>.

⁸⁵ 'Poor quality education and care', *Education Review Office: New Zealand*, (2016), <<https://www.ero.govt.nz/publications/quality-in-early-childhood-services/poor-quality-education-and-care/>>.

⁸⁶ 'Definition of prayer', *Merriam-Webster Inc.*, (2019), <<https://www.merriam-webster.com/dictionary/prayer>>.

⁸⁷ Segal, M., 'Prayers for beginners', *Desiring God*, (27 April 2016), <<https://www.desiringgod.org/articles/prayer-for-beginners>>.

Pressured Speech – is a rapid and accelerated way of speaking that is considered not 'normal'. The person will speak so quickly that the speech may even be incoherent. It is usual to speak quickly sometimes (like in an emergency or a time constrained situation) but people exhibiting pressured speech will do this on a regular basis. This is a symptom of certain mental conditions like schizophrenia, manic episodes, and anxiety. It can also be a symptom of using stimulant drugs like amphetamines.⁸⁸

Primary Hypersomnia – is excessive sleeping. Even though a person may have had adequate sleep, they still need to take prolonged naps during the day. The naps are unusual.⁸⁹ (The pattern of excessive sleeping within a cult can be due to being drug-induced or fatigue from starvation).

Projection – is a defence mechanism in which a person will unconsciously displace unwanted/negative emotions, traits, feelings about oneself and attribute it onto another person⁹⁰ (ie. example: a cheating spouse who suspects their partner is being unfaithful. Instead of acknowledging their own infidelity, they transfer, or project, this behaviour onto their partner). People who “feel inferior and have low self-esteem” will often habitually project their own feelings of not being good enough onto others. Humans tend to feel more comfortable seeing negative qualities in others rather than in themselves.⁹¹ The acts of racism and homophobia are examples of projection, but on a broader scale.

Pseudologia Fantastica – is defined as a person who tends to create extensive and complicated lies.⁹² The falsification is entirely disproportionate and complicated, manifesting over a period of years or even a lifetime. A person is generally referred a compulsive pathological liar and research has revealed that there is a link between narcissism and pathological lying.⁹³ Health professionals claim that compulsive liars may have impaired reality testing (similar to those experiencing psychosis) and that the impulse to lie is connected to a type of “wishful psychosis”.⁹⁴ ‘Pseudologia Fantastica’ is also called ‘Mythomania’.

Psychological Abuse – is any act which may diminish the sense of identity, dignity, and self-worth. It includes confinement, isolation, verbal assault, humiliation, intimidation, infantilization, or similar treatment.⁹⁵

⁸⁸ ‘Pressured Speech’, *AlleyDog.com*, (2019), <<https://www.alleydog.com/glossary/definition.php?term=Pressured%20Speech>>.

⁸⁹ ‘Primary Hypersomnia: Symptoms, Causes, & Treatments: Sleep Disorders’, *Deal With Chronic Pain.net*, (2019), <<https://www.dealwithchronicpain.net/whats-so-bad-about-primary-hypersomnia/>>.

⁹⁰ ‘Projection: defence mechanism - human psychology’, *Encyclopaedia Britannica*, (2019), <<https://www.britannica.com/science/projection-psychology>>.

⁹¹ ‘It’s Not Me, It’s You: Projection Explained in Human Terms’, *Healthline.com*, (2019), <<https://www.healthline.com/health/projection-psychology>>.

⁹² ‘Pseudologia Fantastica’, *Healthery.com*, (2019), <<https://healthery.com/health/pseudologia-fantastica/>>.

⁹³ Burgemeester, A., ‘Pseudologia Fantastica – Pathological Lying and Narcissism’, *The Narcissistic Life*, (2017), <<https://thenarcissisticlife.com/pseudologia-fantastica-pathological-lying-narcissism/>>.

⁹⁴ Kranz, H., ‘Pseudologia fantastica: the truth about pathological liars’, *Say No To Stigma.com*, (21 September 2012), <saynotostigma.com/2012/09/pseudologia-fantastica-the-truth-about-pathological-liars/>.

⁹⁵ Tracy, N., ‘Psychological Abuse: Definition, Signs and Symptoms’, *Healthy Place*, (24 July 2012), <<https://www.healthyplace.com/abuse/emotional-psychological-abuse/psychological-abuse-definition-signs-and-symptoms>>.

Pyromania - is an impulse control disorder consisting of a compulsion to set fires or watch fires, in the absence of monetary or other material gain to the person. The pyromaniac gets intense pleasure and emotional relief from these activities.⁹⁶ The D.S.M-V, the diagnostic criteria for pyromania include: i) an attraction to fire; ii) purposely setting more than one fire; iii) feeling excited or tense just before setting a fire; iv) the fire setting is not done for monetary gain or as a purposeful act; and v) the fire setting is not better explained by a manic episode or other disorder. Signs of pyromania include: i) an excessive quantity of matches or lighters; ii) burn holes in fabrics and rugs; and iii) burnt pieces of paper or other material in garbage cans or near a sink or stove. Someone with pyromania may seem obsessed with fire and firefighting, frequently visiting fire departments, watching fires, assisting after a fire, and even setting off false fire alarms.

Ritual – an organised ceremonial act, a system or collection of religious or other rites,⁹⁷ is conducted through a prescribed procedure which enables participants to worship/revere/honour their God or Goddess, deity, religious figure head, or spiritual entity.

Sacrifice – is the act of offering something to a God or Goddess, deity, religious figure head, or spiritual entity in propitiation or homage, especially the ritual slaughter of an animal or a person. It is from the Latin word 'sacrificium': sacer = sacred; sacer + facere = to make.⁹⁸

Separation Anxiety Disorder - is characterized by worrying out of proportion about the situation of temporarily leaving 'home-base' or otherwise separating from loved ones. Symptoms include refusal to go to school or work, resistance to going to bed at night, and physical complaints in reaction to actual or anticipated separation from primary caretakers. Separation anxiety disorder is likely caused by environmental vulnerabilities. Risk factors include low socioeconomic status, family histories of anxiety, and mothers who were stressed during pregnancy, and unsafe environments.⁹⁹

Sexual Abuse - is unwanted sexual activity, with perpetrators using force, making threats or taking advantage of victims not able to give consent. Most victims and perpetrators know each other.¹⁰⁰

Sexual Dysfunctions – the inability to fully enjoy sexual intercourse. Specifically, sexual dysfunctions are disorders that interfere with a full sexual response cycle. These disorders make it difficult for a person to enjoy or to have sexual intercourse. Sexual dysfunctions include erectile dysfunction, premature ejaculation, ejaculatory incompetence, retarded ejaculation, sexual arousal disorder, orgasmic disorder, vaginismus, and painful intercourse.¹⁰¹

⁹⁶ 'Pyromania', *Medical Dictionary: The Free Encyclopedia sourced from Miller-Keane Encyclopedia and Dictionary of Medicine, Nursing, and Allied Health, 7th Ed*, (2003), <<https://medical-dictionary.thefreedictionary.com/pyromania>>.

⁹⁷ 'Ritual', *Dictionary.com*, (2019), <<https://www.dictionary.com/browse/ritual>>.

⁹⁸ 'Sacrifice', *The Free Encyclopedia sourced from American Heritage Dictionary of the English Language, 5th Ed*, (2016), <<https://www.thefreedictionary.com/sacrifice>>.

⁹⁹ Dryden-Edwards, R., 'Separation anxiety disorder: What is separation anxiety disorder?', *MedicineNet.com*, (2018), <https://www.medicinenet.com/separation_anxiety/article.htm>.

¹⁰⁰ 'Sexual Abuse', *American Psychological Association*, (2018), <<https://www.apa.org/topics/sexual-abuse/>>.

¹⁰¹ 'Sexual Dysfunction', *Medical dictionary: The Free Encyclopedia sourced from Gale Encyclopedia of Medicine*, (2008), <<https://medical-dictionary.thefreedictionary.com/sexual+dysfunction>>.

Sexual Masochism - engaging in or frequently fantasizing about being beaten, bound, humiliated, or otherwise made to suffer, resulting in sexual satisfaction.¹⁰²

Sexual Partialism – being sexually aroused by focusing on one specific part of a person’s anatomy¹⁰³ (ie. toe-sucking).

Sexual Sadism – sexual excitement results from inflicting psychological or physical suffering (including humiliation and terror) on a sexual partner. It involves illegal activities such as rape, torture, and even murder, in which case the death of the victim produces sexual excitement.¹⁰⁴

Shunning – the act of refusing to accept socially; avoid having social contact with; or have any involvement with a certain person.¹⁰⁵ It is a form of ostracising. It is often associated with religious groups and other tightly knit organizations and communities. Targets of shunning can include, but are not limited to, apostates, whistle-blowers, dissidents, people classified as "sinners" or "traitors", people who defy or who fail to comply with the standards established by the group, and people wanting the leaving the organisation.¹⁰⁶

Sleep Terror Disorder – is the repeated occurrence of sleep terrors as evident by abrupt awakenings from sleep usually beginning with a panicky scream or cry. The behaviour displayed is a frightened expression, intense fear or anxiety, profuse sweating, disorientation, rapid breathing. The episodes last between one to ten minutes and occurs within the first third of the sleep cycle. The bed sheets are usually heavily soaked with a person’s sweat (not urine). The fearful person is usually unable to be reassured or comforted by others.¹⁰⁷ Once awake, the person cannot remember the dream and seems confused and extremely anxious.

Snuff Pornography Production - producing movies to sell on the Black Market and/or Dark Web for people interested in a genre of movies in which a person’s life is “snuffed-out”. A victim/hostage is usually filmed being murdered or committing suicide on set.¹⁰⁸

Social Phobia – is a paralysing fear of interacting with others. Social phobia can occur in very young children or emerge at a later age. It can be disabling to a person's work and social and family relationships. Many people with social phobia have trouble reaching their educational and professional goals or even maintaining employment. They may depend on others financially and try to relieve anxiety by using alcohol and drugs. In extreme cases, a person with social phobia may begin to avoid all social situations and become housebound.¹⁰⁹

¹⁰² 'Sexual Masochism Disorder', *Psychology Today*, (2019), <<https://www.psychologytoday.com/us/conditions/sexual-masochism-disorder>>.

¹⁰³ 'Paraphilia not otherwise specified', *Diagnostic and Statistical Manual of Mental Disorders DSM-IV, 4th Ed*, (1994), Washington DC, American Psychiatric Association, p 532.

¹⁰⁴ Stöppler, M., 'Medical definition of sexual sadism', *MedicineNet.com*, (2018), <<https://www.medicinenet.com/script/main/art.asp?articlekey=46417>>.

¹⁰⁵ Sword, R & Zimbardo, P., 'Shunning – The Ultimate Rejection', *Psychology Today*, (1 February 2013), <<https://www.psychologytoday.com/us/blog/the-time-cure/201302/shunning-the-ultimate-rejection>>.

¹⁰⁶ 'Shunning', *Wikia.org Inc.*, (2019), <<https://abuse.wikia.org/wiki/Shunning>>.

¹⁰⁷ 'Sleep Terror Disorder', *Diagnostic and Statistical Manual of Mental Disorders DSM-IV, 4th Ed*, (1994), Washington DC, American Psychiatric Association, p583.

¹⁰⁸ 'Snuff film', *The Free Dictionary sourced from American Heritage Dictionary of the English Language, 5th Ed*, (2016) Houghton Mifflin Harcourt Publishing Company, <www.thefreedictionary.com/Snuff+porn>.

¹⁰⁹ Shiel, W., 'Medical definition of social phobia', *Medicine Net.com*, (2019), <<https://www.medicinenet.com/script/main/art.asp?articlekey=11709>>.

Splitting – it is a pattern of unstable and intense interpersonal relationships characterized by alternating between extremes of idealization and devaluation.¹¹⁰ It is a person's inability to comprehend the contrast of both positive and negative qualities within the self and others, and manifest it into a cohesive, realistic whole.¹¹¹ It is a primitive behavioural-defence mechanism where people and/or objects that evoke anxiety are dealt with by compartmentalising the negative and positive emotions. The behaviour is not seen in babies and young children.¹¹² People matching the diagnostic criteria for narcissistic personality disorder also use splitting as a central defence mechanism, and to maintain control over others. It is also called “black-and-white thinking” or “all-or-nothing thinking”.¹¹³

Stereotypic Movement Disorder – is a disorder characterized by repeated, rhythmic, purposeless movements or activities such as head banging, nail biting, or body rocking. These movements either cause self-injury or severely interfere with normal activities.¹¹⁴ The reasons people (within cult groups) may display stereotypic movements is due to: sensory deprivation (being blindfolded, kept in isolation for punishment); drug use (cocaine, amphetamines); untreated brain disease (seizures, infection); and untreated major psychiatric disorders (anxiety disorder, obsessive-compulsive disorder, autism).¹¹⁵

Stockpiling (Weapons and/or Food) – to acquire and store a large quantity of items for future use.¹¹⁶ In cult compounds the items stored are canned food, preserved food items, ammunition and explosives, chemicals, electrical goods, batteries, torches, candles, matches, and household items (linen, blankets, clothing, shoes). Usually these supplies are stored in a special area such as an underground bunker.

Substance Abuse – is the harmful use of drugs or alcohol for non-medical purposes. Often associated with the use of illicit drugs, legal substances can also be misused, such as alcohol, prescription or over-the-counter medication, caffeine, nicotine and volatile substances (e.g. petrol, glue, paint). Regular continued use of a substance (driven by a physical and/or psychological need) is called “addiction”. Some substances are more highly addictive than others. Some people are more likely to become addicted to a substance depending on mental, physical and lifestyle factors.¹¹⁷

Substance Induced Sleep Disorder – is the prominent disturbance in sleep due to the direct physiological effects of a substance (ie. drug abuse, medication, or toxin exposure).¹¹⁸

Substance Intoxication - is a type of substance-induced disorder which is potentially maladaptive and impairing, but reversible, and associated with recent use. If the symptoms are severe, the term "substance intoxication delirium" may be used.¹¹⁹

¹¹⁰ 'Splitting', *Diagnostic and Statistical Manual of Mental Disorders DSM-IV, 4th Ed*, (1994), Washington DC, American Psychiatric Association, p 757.

¹¹¹ 'Splitting (psychology)', *Wikipedia: The Free Encyclopedia*, (10 June 2019), <[https://en.wikipedia.org/wiki/Splitting_\(psychology\)](https://en.wikipedia.org/wiki/Splitting_(psychology))>.

¹¹² Pam, N., 'Splitting', *Psychology Dictionary*, (13 April 2013), <<https://psychologydictionary.org/splitting/>>.

¹¹³ 'Splitting (psychology)', *Wikipedia: The Free Encyclopedia*, (10 June 2019), <[https://en.wikipedia.org/wiki/Splitting_\(psychology\)](https://en.wikipedia.org/wiki/Splitting_(psychology))>.

¹¹⁴ 'Stereotypic movement disorder', *Encyclopedia of Mental Disorders*, (2019), <www.minddisorders.com/Py-Z/Stereotypic-movement-disorder.html>.

¹¹⁵ 'Stereotypic Movement Disorder', *Web MD.com*, (2019), <<https://www.webmd.com/mental-health/mental-health-stereotypic-movement-disorder#1>>.

¹¹⁶ 'Stockpile', *Collins Dictionary*, (2019), <<https://www.collinsdictionary.com/dictionary/english/stockpile>>.

¹¹⁷ 'Substance Abuse & Addiction', *Lifeline Organisation*, (2019), <<https://www.lifeline.org.au/get-help/topics/substance-abuse-and-addiction>>.

¹¹⁸ 'Substance-Induced Sleep Disorder', *Diagnostic and Statistical Manual of Mental Disorders DSM-IV, 4th Ed*, (1994), Washington DC, American Psychiatric Association, p 601.

¹¹⁹ 'What does substance intoxication mean?', *Definitions.net*, (2019), <www.definitions.net/definition/substance%20intoxication>.

Suicidal Ideation – is defined as thinking about or planning suicide. It is also called “Suicidal Thoughts”. Thoughts can range from a detailed plan to a fleeting consideration. People who have suicidal thoughts have or appearing to have an abnormal preoccupation with violence, dying, or death; have obtained weapons, a gun, medications, or substances that could end a life; have become increasingly isolated; and have extreme mood swings, either happy or sad.¹²⁰

Suppression – is the act of preventing something from being expressed or known; and/or ending something by force.¹²¹

Tantric Sex Activities – (tantra = principal, main) It is a spiritual-sexual technique derived from Indian tantra yogic practises. The worship services take the form of a sexual ritual featuring slow, non-organic intercourse as a prelude to an experience of the divine.¹²²

Telephone Scatologia – a paraphilia in which sexuo-erotism (arousal) hinges on exchanging sexually explicit¹²³ phone calls with a person.

Transsexualism – is the act of needing to permanent identity with the opposite gender to their assigned sex. Transsexual men and women make or desire to make a transition from their birth sex to that of the opposite sex, with some type of medical alteration (gender reassignment therapy) to their body.¹²⁴

Urophilia – sexual arousal with the act of urination (on a person) and/or the smearing or drinking of urine. It is often referred to as “Golden Showers”.¹²⁵

Vaccine Hesitancy - is defined by the World Health Organisation (W.H.O) as a “delay in acceptance, or refusal of vaccines despite availability of vaccination services”.¹²⁶ It has been noted by health research studies of the influence of homeopathy and social media on the belief that vaccinations could harm the immune system. 138 research studies performed in various countries have illustrated that homeopaths have advised their patients not to be vaccinated (despite the founder of homeopathy being strongly in favour of vaccination).¹²⁷

¹²⁰ Nordqvist, C., ‘What are suicidal thoughts?’, *Medical News Today*, (13 February 2018), <<https://www.medicalnewstoday.com/kc/suicidal-thoughts-ideation-193026>>.

¹²¹ ‘Suppression’, *Cambridge Academic Content Dictionary*, (2019), <<https://dictionary.cambridge.org/dictionary/english/suppression>>.

¹²² ‘Tantric Sex’, *Medical Dictionary: The Free Dictionary*, (2019), <<https://medical-dictionary.thefreedictionary.com/Tantric+sex>>.

¹²³ ‘Telephone scatologia’, *Medical Dictionary: The Free Dictionary sourced from McGraw-Hill Concise Dictionary of Modern Medicine*, (2002), <<https://medical-dictionary.thefreedictionary.com/telephone+scatologia>>.

¹²⁴ ‘Transsexualism’, *Psychology Wiki*, (2019), <<https://psychology.wikia.org/wiki/Transsexualism>>.

¹²⁵ ‘Paraphilia not otherwise specified’, *Diagnostic and Statistical Manual of Mental Disorders DSM-IV, 4th Ed*, (1994), Washington DC, American Psychiatric Association, p 532.

¹²⁶ ‘Vaccine hesitancy: a generation at risk’, *The Lancet Child & Adolescent Health*, Vol 3, Issue 5, (1 May 2019), <[https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642\(19\)30092-6/fulltext](https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642(19)30092-6/fulltext)>.

¹²⁷ Dubé, E., et al., ‘Vaccine hesitancy: An overview’, *U.S National Library of Medicine National Institutes of Health*, 9(8): 1763–1773, (1 August 2013), <<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3906279/>>.

Vampirism – is an obsession with drinking blood. It is also known as “Renfield's Syndrome” or “Renfield Syndrome”. The condition starts with a key event in childhood that causes the experience of blood injury, or the ingestion of blood to be exciting. Throughout adolescence and adulthood, blood and its consumption can also stimulate a sense of power, sexual arousal and control.¹²⁸ The act of vampirism usually develops in three stages. First Stage: auto-vampirism or auto-haemophagia, the person drinks their own blood, often cutting themselves in order to do so. Second stage: is zoophagia, which consists of eating live animals or drinking their blood. A person may also resort to obtaining animal blood from a butcher or slaughterhouse for consumption. Third stage: true vampirism, the person's attention is turned to other human beings. They may steal blood from hospitals or blood banks, or drink blood directly from a living person. Some people will commit violent crimes, including murder, after entering this stage.¹²⁹ Cases of vampirism are filed under conventional psychiatric diagnostic categories such as schizophrenia or paraphilia.¹³⁰

Voyeurism – is a paraphilia in which a person derives sexual pleasure from the act or fantasy of watching unsuspecting people while they are undressing, bathing, participating in sexual acts, or engaging in other private activities. Voyeurs are also commonly known as "Peeping Toms" or “peepers.”¹³¹

Yoga - is a physical, mental and spiritual practice that originated in ancient India and has been practiced for thousands of years. The word, yoga, comes from the Sanskrit yuj, which means “to yoke” and "samadhi" or "concentration." Thus, yoga is the practice that aims to join the mind, body and spirit. The goal of yoga practice is to achieve liberation. Yoga was introduced to the West in the late 19th Century, but became increasingly popular in the 20th Century particularly during the 1960s and 70s. Over the years, many different interpretations have developed about what yoga means. Each different type of yoga has its own emphasis and practices. There are eleven known types of yoga practiced: Hatha yoga, Iyengar yoga, Kundalini yoga, Ashtanga yoga, Vinyasa yoga, Bikram yoga, Yin yoga, Restorative yoga, Prenatal yoga, Anusara yoga, and Jivamukti yoga.¹³²

Zoophilia – is a psychosexual disorder in which sexual excitement and gratification are derived from the fondling of animals, the fantasising of sexual acts with animals, or engaging in sexual activity with animals. It is also called ‘bestiality’ or ‘zoerastia’.¹³³



¹²⁸ 'Clinical vampirism', *Wikipedia: The Free Encyclopedia*, (14 January 2019), <https://en.wikipedia.org/wiki/Clinical_vampirism>.

¹²⁹ 'Clinical vampirism', *Psychology Wiki*, (2019), <https://psychology.wikia.org/wiki/Clinical_vampirism>.

¹³⁰ 'Clinical vampirism', *Wikipedia: The Free Encyclopedia*, (14 January 2019), <https://en.wikipedia.org/wiki/Clinical_vampirism>.

¹³¹ 'Voyeurism', *Sex Info Online: University of California*, (13 February 2018), <www.soc.ucsb.edu/sexinfo/article/voyeurism>.

¹³² McGee, K., '11 types of yoga: A breakdown of the major styles', *M.B.G Movement website*, (2 March 2018), <<https://www.mindbodygreen.com/articles/the-11-major-types-of-yoga-explained-simply>>.

¹³³ 'Zoophilia', *Mosby's Medical Dictionary*, 8th Ed (2009), <<https://medical-dictionary.thefreedictionary.com/zoophilia>>.

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